School Lunch Menu

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| WEEK 1 <br> 3/1 <br> 31/1 <br> 28/2 <br> 28/3 <br> 25/4 | Breaded Fish Fingers Or Spaghetti Bolognaise <br> Baked Beans <br> Medley of Fresh Vegetables <br> Mashed Potato <br> Fresh Fruit Selection and Yoghurt | Breast of Chicken Curry \& Rice, Naan Bread Or Steak Burger <br> Baton Carrots <br> Gravy <br> Mashed Potato <br> Salad Selection <br> Jelly Pot, Fruit or Yoghurt | Homemade Breaded Chicken Goujons Or Spicy Chicken in a Warm Tortilla wrap <br> Sweetcorn, Hot Pasta Twists Mashed Potato Salad Selection <br> Vanilla Ice Cream Tub \& Fruit | Roast Chicken Or <br> Roast Beef <br> Traditional Stuffing, Gravy <br> Fresh Baton Carrots <br> Broccoli Florets <br> Mashed Potato <br> Chocolate Muffin, Fruit or Yoghurt | Hot Dog Or <br> Homemade Margherita Pizza <br> Peas <br> Tossed Salad <br> Chips <br> Mashed Potato <br> Flakemeal Biscuit, Fruit or Yoghurt |
| $\begin{aligned} & \text { WEEK } 2 \\ & 10 / 1 \\ & 7 / 2 \\ & 7 / 3 \\ & 4 / 4 \end{aligned}$ | Steak Burger Or <br> Pasta Twists with homemade <br> Tomato sauce and Sliced Chicken <br> Gravy, Broccoli Florets <br> Fresh Baton Carrots <br> Mashed Potato <br> Shortbread Biscuit, Fruit or Yoghurt | Homemade Margherita Pizza Or Breast of Chicken Curry with Boiled Rice \& Naan Bread <br> Sweetcorn <br> Pasta Twists <br> Salad Selection <br> Fresh Fruit Selection and Yoghurt | Fresh Breaded Fish Goujons Or Chicken Crumble <br> Baked Beans <br> Garden Peas <br> Mashed Potato <br> Salad Selection <br> Jelly Pot, Fruit or Yoghurt | Roast Breast of Chicken Or Savoury Mince <br> Traditional Stuffing Gravy <br> Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato <br> Muffin, Fruit or Yoghurt | Chicken Nuggets Or <br> Baked Potato with Chicken \& Cheese <br> Sweetcorn <br> Chips <br> Baked Potato <br> Salad Selection <br> Ice Cream Tub with Fresh Fruit |
| WEEK 3 <br> 17/1 <br> 14/2 <br> $14 / 3$ <br> 11/4 | Breaded Fish Fingers Or Pasta Bolognaise <br> Baked Beans <br> Sweetcorn <br> Garden Peas <br> Mashed Potato <br> Flakemeal Biscuit, Fruit or Yoghurt | Homemade Salt \& Chilli Or Traditional Chicken Goujons Or Mac \& Cheese <br> Broccoli Florets <br> Mashed Potato <br> Salad Selection <br> Raspberry ripple Ice Cream Slice Fresh Fruit Chunks | Oven Baked Sausage Or <br> Sweet \& Sour Chicken with Rice <br> Garden Peas <br> Baton Carrots, Mashed Potato <br> Baby Boiled Potatoes <br> Fresh Fruit Selection and Yoghurt | Roast Turkey Or <br> Salmon fish cake <br> Traditional Stuffing <br> Gravy <br> Fresh Carrot / Parsnip <br> Mashed Potato <br> Jelly Pot, Fruit or Yoghurt | Steak Burger in Bap Or <br> Homemade Lasagne <br> Sweetcorn \& Peas <br> Chips, Mashed Potato <br> Salad Selection <br> Strawberry Mousse \& Fresh Fruit Salad |
| WEEK 4 <br> 24/1 <br> 21/2 <br> 21/3 <br> 18/4 | Breast of Chicken Curry with Boiled Rice \& Naan Bread Or Oven Baked Sausage <br> Baton Carrots <br> Garden Peas <br> Gravy Mashed Potato <br> Fresh Fruit Selection and Yoghurt | Spaghetti Bolognaise Or Fresh Breaded Fish Fillets <br> Broccoli \& Cauliflower Florets Mashed Potato <br> Jelly Pot, Fruit or Yoghurt | Roast Breast Chicken Or Brown Stew <br> Traditional Stuffing Gravy, Diced Turnip Fresh Baton Carrots Mashed Potato <br> Chocolate Muffin, Fruit or Yoghurt | Homemade Salt \& Chilli Or Traditional Chicken Goujons Chicken Tortilla Wraps <br> Baked Beans <br> Sweetcorn, Salad Selection <br> Mashed Potato <br> Flakemeal Biscuit, Fruit or Yoghurt | Homemade Margherita Pizza <br> Or <br> Fish finger <br> Sweetcorn <br> Traditional Champ <br> Chips <br> Salad Selection <br> Ice Cream Tub with Fresh Fruit |

## If You Require

 Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form